

# Hi5! Multi Sports Club

# 08

Starts: 4.30PM

Ends: 5.30PM

Jul

Location: Bath Recreation Ground, Spring Gardens . [View map](#)

## Event Name

Hi5! Multi Sports Club

## Organiser

Bah Rugby Foundation

## Description

The Hi5! Sports Club is a weekly programme which introduces children and young people to different sports and activities.

The programme has been specially designed by our inclusion coaches for those with physical or learning disabilities.

It uses rugby and other sports to develop fundamental movements such as agility, balance and co-ordination, as well as giving participants a safe, fun environment to get healthy.

The sessions are offered free of charge. Young people can come and go as they like – give a host of sports a try and work out which is best for them, with expert guidance along the way.

The whole family is welcome, whether disabled or not, meaning parents, siblings and friends can join in the fun!

For ages 7-15 years.

## Contact Details

[Daniel.Hine@bathrugby.com](mailto:Daniel.Hine@bathrugby.com)

## Age Range

5-11 Years | 11-14 Years |

## Conditions

Autism / Aspergers Syndrome | Communication | Hearing Impairment | Learning Difficulty | Mental Health |

Physical Disability | Visual Impairment |

## Repeats

This occurs Weekly on Mondays.

The next 8 upcoming scheduled dates are:

- 21 October 2019
- 28 October 2019
- 04 November 2019
- 11 November 2019
- 18 November 2019
- 25 November 2019
- 02 December 2019
- 09 December 2019

**Address**

Bath Recreation Ground  
Spring Gardens  
Bath  
BA2 4DS

## Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Hi5! Multi Sports Club' took place on 08 July 2019.