

Wellbeing College Courses

01

Nov

Starts: 9.00AM
Ends: 4.00PM
Location: Various venues.

Event Name

Wellbeing College Courses

Organiser

Wellbeing College

Description

We are here to guide you and support you to improve your wellbeing, whatever stage you are at. We have gathered together lots of information about courses, activities and groups that are happening around Bath and North East Somerset to support people's wellbeing. We hope that you will find something here that interests you, whether it be a one-off activity or a longer term course spread over several weeks. Most of our courses are free and are offered to B&NES residents who are aged 16 and over, or people who are registered with a GP in B&NES.

If you feel rather overwhelmed by the number of courses to choose from why not give us a ring and one of our advisers will help guide you to make an informed choice.

If you would like some 1:1 support and guidance we can offer you a free Wellbeing Advice session. Our adviser can meet up with you for an informal chat at a suitable location near to where you live. Visit our calendar of courses to find out if there's one to suit you.

<http://wellbeingcollegebanes.co.uk/index.php/Calendar>

Contact Details

Tel: 01225 831820

Email: enquiries@wellbeingcollegebanes.co.uk

Link URL

<http://wellbeingcollegebanes.co.uk/index.php>

Repeats

This occurs Weekly on Weekdays.

The next 8 upcoming scheduled dates are:

- 30 November 2020
- 01 December 2020
- 02 December 2020
- 03 December 2020
- 04 December 2020
- 07 December 2020
- 08 December 2020
- 09 December 2020

Address

Various venues

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Wellbeing College Courses' took place on 01 November 2016.